

# CHAMPAIGN COUNTY MENTAL & SOCIAL HEALTH QUICK TIPS & RESOURCES

## LOCAL SUBSTANCE ABUSE



Champaign  
County  
Recovery  
Zone

## MENTAL HEALTH CRISIS

*There is hope.*



If you or someone you know  
needs support now, call or text

**988** SUICIDE & CRISIS  
LIFELINE

## LOCAL MENTAL HEALTH PROVIDER CONSULTATION

24/7 Crisis Line - Connect to or **consult**  
with a **LOCAL** TCN Mental Health Provider

**937-376-8701**



SCAN  
THE QR  
CODE



TO VIEW ALL THE RESOURCES  
**MHDAS HAS TO OFFER**

## LOCAL DOMESTIC VIOLENCE

24/7 Advocate on Call  
**937-508-6002**



Project Woman  
24/7 Crisis  
**800-634-9893**

## TCN CRISIS RESOURCES



## LOCAL TREATMENT SYSTEM NAVIGATION

CALL **NAMI** of Logan-Champaign for help  
navigating the treatment system

CALL **Pete Floyd 937-750-1702**

petefloyd.nami.lc@gmail.com



## HOMELESS RESOURCES

Champaign County  
Caring Kitchen  
24/7 EMERGENCY SHELTER



**937-653-8443**

National Call Center  
For Homeless Veterans  
va.gov/homeless  
**877-424-3838**

## SOCIAL HEALTH NEEDS



United Way  
Champaign  
County



Local  
Help  
Now