



MHDAS

Mental Health, Drug &
Alcohol Services Board
of Logan & Champaign Counties

**2023
ANNUAL
REPORT**

moving forward
WITH HOPE &
PURPOSE



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Hospital (Logan County)

The Ohio Department of Mental Health and Addiction Services is responsible to appoint 6 Board members. The Champaign County Commissioners and the Logan County Commissioners are each responsible to appoint 4 Board members. Board members may serve 2 consecutive 4-year terms. If you or someone you know would like to become a Board Member please email info@mhdas.org. *Thank you!*

Mission

To ensure outcome focused prevention **TREATMENT & RECOVERY** services for our communities that are accountable, person-first and promote positive health outcomes.

Vision

To prevent and reduce the occurrence and stigma of mental illness & substance use disorder in a **COLLABORATIVE & INTEGRATED SYSTEM OF CARE.**

We Will

- Treat others with dignity and respect
- Demonstrate leadership and professionalism
- Empower collaboration
- Be open to innovative solutions
- Actively pursue excellence
- Adhere to high ethical standards
- Be good stewards of the public's funds and trust

EXECUTIVE DIRECTOR'S *Message*

I started as the Executive Director on July 1, 2023, and the last 10 months have been very eventful, educational, and encouraging. Events ranged from the expansion of local recovery housing to updated audit compliance responsibilities. Each experience and decision we face provides an opportunity to learn, and I am so grateful for an excellent Board of Directors and their guidance with the opportunities and challenges that continually arise. As a public office, we are committed to providing public service befitting the deep respect and unwavering dedication we have for our communities in Logan and Champaign Counties.

2024 marks 20 years of service for me in the behavioral healthcare field. Early on, I became very interested in the relationships between positive health outcomes, healthy environments, and healthy social institutions. This led me to further training, education, and eventually a doctorate degree in healthcare administra-

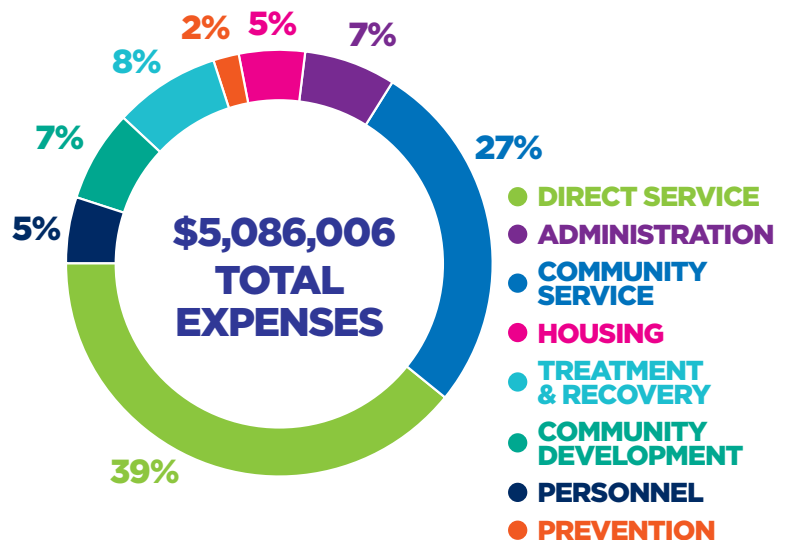
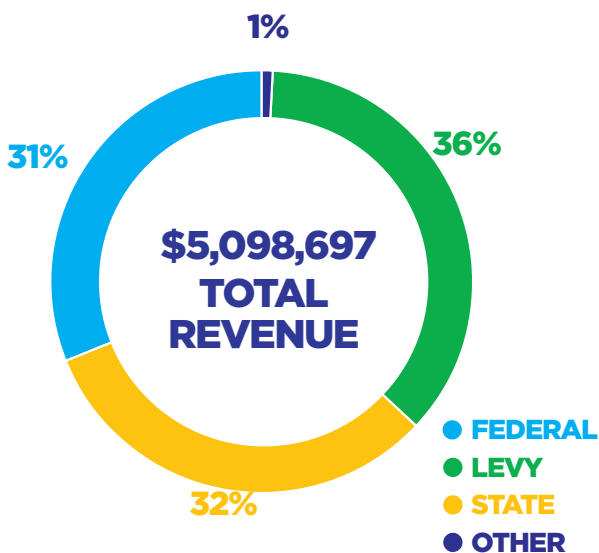
tion. Through my years of experience providing therapy and supervising therapists, several themes emerged time and again. It is very important to have a loving family, a social support network, mentors or teachers who can help with challenging situations, hope for a bright future, and some healthy goals. Our work at the Board ties in with each of those things. We share priorities with partners like TCN, Recovery Zone, PASS, Family and Children First Councils, county officials, court systems, school districts, first responders, recovery house providers, hospitals, faith partners, United Way, and so many others. These healthy partnerships create the conditions for many uplifting stories, and this annual report captures just a few. The commitment of our community partners to the well-being of our families and neighbors is inspiring, and the same can be said of our staff here at the Board. It is an honor to serve alongside them.

It's hard to imagine or predict what this upcoming year will hold for us. Two things are clear, though. First, we share the same overall goal with a lot of people, which is the well-being of our communities. Second, that goal is unlikely to change. Therefore, I am looking forward to this coming year with its many opportunities to serve, familiar partnerships to strengthen, new partnerships to forge, and a new set of lessons to learn.



Executive Director
Adam Sorensen

2023 STATE FISCAL YEAR FINANCES REVIEW



SCAN
THE QR
CODE



TO VIEW ALL THE RESOURCES
MHDAS HAS TO OFFER

GROWTH IN *Recovery*

CHAMPAIGN CO. RECOVERY ZONE

The Champaign County Recovery Zone has significantly grown its mental health and substance use peer support program and now employs three certified peer support specialists. Champaign County Recovery Zone Director Brenda Phelps spent 2023 familiarizing herself with community coalitions and building relationships with community partners across multiple sectors. Recovery Zone of Champaign County now facilitates numerous recovery group programs, recovery support meetings, and opportunities to promote wellness within their center.

In September 2023, Recovery Zone of Champaign County hosted a Recovery Month event aimed at raising awareness and honoring the 12 lives lost to overdose in Logan and Champaign Counties in 2022. The event was funded via a grant award through OhioPro and the Ohio Association of County Behavioral Health Authorities. The event, attended by over 250 individuals, included live entertainment, a motivational speaker, and a local behavioral health resource scavenger hunt.



LOGAN CO. RECOVERY ZONE

The Logan County Recovery Zone experienced significant growth in 2023, offering over 5,200 hours of peer support from four certified peer supporters. Community stakeholder relationships continue to be fostered to help support stability and recovery for its members and the larger community. In 2023, Certified Peer Supporters Dougie Boggs and Stacey Naylor expanded their services into the criminal justice space by providing one-on-one peer support services, recovery group programming, recovery support meetings, and local resource connections inside the Logan County Jail. Recently, they've expanded their services to the West Central Community Correctional Facility and are eager to assist those individuals in maintaining their recovery post-release.



The Logan and Champaign County Community CORE (Coalition for Ongoing Recovery Efforts) Coalitions remain vital partners in both the county's Community Health Improvement Plan initiated by the health districts and local hospital systems. In 2023, CORE partnered with both the Logan and Champaign County Health Districts to initiate and implement our communities' first Overdose and Suicide Fatality Review Boards. Reviewing our local losses allows an opportunity for reflecting on our local deaths, data collection, and strategizing to effectively work to prevent local overdose and suicide losses. Through Federal State Opioid and Stimulant Response (SOR) Dollars, CORE's prevention teams were able to distribute 886 medication lock boxes, 1500 medication disposal kits, Vape Educate program licenses to our school districts and juvenile courts, 1,350 Operation Parent Handbooks, and student workbooks for substance abuse prevention programming including Botvin Life Skills and Too Good For Drugs.

CRISIS INTERVENTION TEAM LAW ENFORCEMENT & MENTAL HEALTH

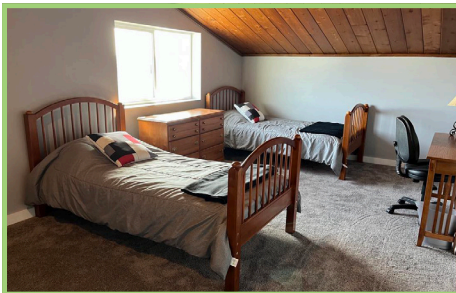


Julie Wilcox, TCN Care Coordinator Team Lead; Sarah Ferguson, CIT Co-Coordinator and MHDAS Director of Treatment & Recovery; and Chief Joe Freyhof, CIT Co-Coordinator and Russells Point Police Chief, attended the 2024 Ohio CIT conference to share with and learn from CIT programs and partners from across the state.

RECOVERY & PREVENTION

TO WHOM IT MAY CONCERN & DAVID'S PLACE

2023 was an eventful year for To Whom it May Concern (TWIMC) Ohio. They officially opened an 8-bed Faith based recovery house, A Home for Jo, on March 15, 2023, and received Level 2 Associate Certification Status with Ohio Recovery Housing, the state affiliation of the National Alliance of Recovery Residences (NARR), on January 23, 2024.



The TWIMC organization served 273 people with 554 acts of service throughout the year. They provided 311 rides with over 17,200 miles driven by their team and

volunteers. They served 46 counties in Ohio during 2023 which included 70 people from Champaign County, 50 from Franklin, 44 from Union, 39 from Clark, 30 from Madison County and 40 individuals from 19 other counties.

In 2023, they received a total of 214 referrals from the Tri-County Regional Jail, 20 referrals from the Justice Re-Investment Incentive Grant (JRIG), 13 referrals from community members, and 11 from the Mechanicsburg Police Department. TWIMC also served referrals from the Caring Kitchen, the Ohio Reformatory for Women, West Central Community Correctional Facility, the Ohio Department of Job and Family Services, and those coming from current and former clients.

They facilitated 472 hours of Community Service and provided 684 hours of Peer Support between Davids Place and a Home for Jo Recovery House. They provided over \$6300 in financial support to their clients. For Christmas, David's Place organized and sponsored 75 Champaign County kids in their 2nd annual Giving Tree event.

They continue to operate weekly programs at the Ohio Reformatory for women; Life Recovery Looking Forward (prison release prep/mentor program), Codependency group and a Forgiveness Bible study. At Tri-County Regional jail they facilitate both a weekly men's and women's bible study. At the Resource Center, they host a Women's Life Recovery group, Freedom from Recovery, and a Postpartum Support group.

David's Place has many goals for the 2024 year, and we cannot wait to see where they go. They are opening a clothing closet, open for anyone in their local community to utilize. They would also like to increase and implement services provided to the senior population

of the community as well as the community's youth. They hope to increase their acts of service, peer support hours, and community services hours by 25% in 2024.



MENTAL HEALTH & ADDICTION

Residential Administrators use local, state, and federal grant dollars to offer rental assistance to persons in Champaign and Logan Counties with mental health or a history of substance use disorder. Individuals served have experienced difficulty living independently and have limited income. In 2023, Residential Administrators served individuals from 96 Logan and Champaign Counties households. In the fall of 2023, Residential Administrators created Logan County's Rural Outreach Program (LCROP) through grant funding from the Ohio Department of Mental Health and Addiction Services. The LCROP

identifies and engages people with serious mental illness, including those with co-occurring substance use disorders, who are experiencing homelessness or at imminent risk of becoming homeless. LCROP includes a collaborative team of four major agencies that will provide county-based outreach to connect homeless individuals to screening and diagnostic treatment services, habilitation and rehabilitation services, commu-

nity mental health, substance use treatment, case management services, referrals for primary health-care, job training, educational services, and housing services. The specialists on the team will provide participants with one-on-one support to navigate systems and enroll for benefits.



PREVENTION & COALITION

SIGNS OF SUICIDE PROGRAMMING

Signs of Suicide (SOS) programming is an evidence-based program that teaches students how to identify signs of depression and suicide in themselves and their peers, how to ACT (Acknowledge, Care, Tell) when worried about themselves or a friend, and the importance of telling a trusted adult. SOS expanded during the 2023-2024 school year due to Ohio House Bill 123, a suicide and violence prevention mandate for grades 6-12. SOS was historically and is currently being implemented in grades 6 and 9 in all Logan/Champaign County districts. The expansion has resulted in a 72% increase in students being served in grades 6-12 in several districts throughout Logan and Champaign Counties.

- **2,295 LOGAN AND CHAMPAIGN COUNTY STUDENTS EDUCATED**
- **2,048 STUDENTS SCREENED**
- **25% SCREENED POSITIVE**
- **27% OF STUDENTS SCREENING POSITIVE WERE NOT ALREADY INVOLVED IN TREATMENT.**

Those unidentified students were referred to school or community-based services

NATIONAL SUICIDE & CRISIS HOTLINE

In July of 2022, Ohio joined the national movement to establish 988, a national suicide and crisis hotline. This service is available for anyone experiencing anxiety, depression, going through a hard time, needing to talk, or thinking about suicide. The 988 Lifeline chat and texts connect you with caring crisis counselors for emotional support. TCN Behavioral Health is

our regional 988 provider, providing call and text coverage 24/7. Since the first 16 months of operation, calls have increased by 49%, and TCN is on track to answer 6000 calls this fiscal year. On average, calls are answered within 14 seconds. Outside



of receiving calls, TCN uses the 988 system to make outreach calls, called caring contacts, to individuals who have called previously or clients as a check-in to ensure they've received the care they need.



Prevention Awareness Support Services completed its second year as a prevention provider in Logan and Champaign Counties. In 2023, PASS served

2,957 youth with their various evidence-based substance use and mental health prevention programs. During the summer of 2023, PASS implemented a Summer Careers Pathway Program with 17 Logan/Champaign County students in grades 8-12 who were interested in learning more about the behavioral health career field.



The Suicide Prevention Coalition of Logan and Champaign

Counties received a \$50,000 grant from the Public Health Fund of Ohio to address youth suicide aged 10-24 in Logan County. Logan County was one of twenty-seven counties in Ohio in the upper quartile for suicide deaths (10-24 years old), suspected suicide attempts (11-24 years old), and within the 2020 social vulnerability index. Grant dollars will be used to train individuals in ASIST, the world's leading suicide intervention model, expand the Signs of Suicide Program and QPR (question, persuade, and respond) training, implement a 988-marketing campaign, and purchase Mental Health America's book "Where to Start".

FIVE YEARS OF TCN



Fiscal Year 2023 marked TCN Behavioral Health's fifth year of providing comprehensive behavioral health services in Logan and Champaign Counties. TCN's robust services include a regional 988 Center, an array of individual and group behavioral health interventions, Medication Assisted Treatment (MAT), jail-based

services, residential treatment, recovery housing, crisis services, case management, school navigators, prevention services, and their SUN clinic which is a walk-in behavioral health urgent care.

In FY 2023, TCN's therapists and other providers served 2,626 unduplicated clients in Champaign and Logan Counties. Eight hundred thirty-one people began their journey to recovery through TCN's walk-in clinics in their Urbana and Bellefontaine offices. TCN's office in West Liberty continued to provide Partial Hospital services, Nursing services, MAT, medication management, case management, and other services. TCN's Russells Point office primarily provided individual therapy and case management services. TCN also offered telehealth services across all locations, and they were commonly utilized to remediate barriers to accessing the right services. TCN's average waiting list for services was 5.4 days, which demonstrated access efficiencies across all services. Additionally, in FY 2023, TCN had school navigators at the Triad, Bellefontaine, and Urbana school districts. The school navigators were used in a variety of ways, which depended on the unique needs of the students in each of those districts.

The MHDAS Board continually appreciates TCN's partnership and our many initiatives to improve access to high-quality behavioral health care.



Coleman Health Services is another critical partner in the system of care in Logan County. Coleman has an office stationed at Mary Rutan hospital and offers crisis screening and care coordination services for people who show up in the Emergency Department with behavioral

health concerns. In FY 2023, Coleman provided crisis services and supplemental care coordination to 362 people. Most of the people served were able to receive the care and coordination needed to remain in the community with additional support. For those who needed an inpatient level of care, Coleman was able to stay connected with them and helped to coordinate care with TCN Behavioral Health, Community Health and Wellness Partners, Recovery Zone, Mary Rutan Hospital, and any organization that would be beneficial to the person's ongoing care.

Olivia Bazzle, Coleman Health Services, started as the Behavioral Health Care Manager for Mary Rutan Hospital on June 6, 2022.

This position is funded by the MHDAS Board of Logan and Champaign Counties. Olivia's role is to work with clients admitted to the ER and outreach to them, while in the ER or upon discharge, to assist them with getting scheduled for outpatient services and access to resources. She has done many home visits and worked with other community members and is always looking to take on collaborating projects with other agencies that will help individuals in the community.



SOTERIA HOUSE

TCN Domestic Violence and Sexual Assault Crisis Center (locally known as Soteria House and New Directions of TCN) was certified in May of 2023 by the Attorney General's Office as a "dual program," which means we were now members of two state coalitions, Ohio Domestic Violence Network, and Ohio Alliance to End Sexual Violence. In June of 2023, the Ohio Legislature passed the largest budget in its history to help fund Domestic Violence and Sexual Assault programs. Accessing this grant has allowed for the sustainability and expansion of our existing program by creating Logan County's first Violence Prevention Team. Additionally, the grant established a partnership with Mary Rutan called the Mary Rutan Safe Program, a sexual assault forensic exam and crisis service.

The Violence Prevention Team consists of a direct care coordinator, emergency shelter coordinator, clinician, violence prevention coordinator, and a legal advocate. The prevention team is actively working with community partners to plan both community and school-based outreach activities. Due to the passing of Erin's Law, a mandate that requires K12 schools to provide sexual assault and dating violence prevention, the team quickly began planning efforts with local school districts to help them meet the mandate with evidence-based and developmentally appropriate materials.

In the last calendar year, Olivia has worked to link over 350 individuals to outpatient services and recourses within the community. She does follow-up as well to check to see if the client was able to make the appointment and to determine if there are any barriers.

Olivia believes that making sure the youth get linked back to immediate services and access to resources is most important. She has worked with youth as young as 8 years old that are struggling with mental health disorders and adults up to age 80 who may be struggling with grief and isolation. Coleman was able to stay connected and helped to coordinate care with TCN Behavioral Health, Community Health and Wellness Partners, Recovery Zone, Mary Rutan Hospital, and any organization that would be beneficial to the person's ongoing care.



Mental Health, Drug &
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of Logan & Champaign Counties

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IF YOU OR SOMEONE YOU KNOW NEEDS SUPPORT NOW...

CALL OR TEXT

There is hope. Talk with us.



The Mental Health, Drug &
Alcohol Services Staff

988 SUICIDE & CRISIS
LIFELINE

LOCAL CRISIS HOTLINE
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TEXT 4HOPE TO 741741